



Michigan Model for Health™

Digital vs. Print Curriculum

Attachment A

The **Michigan Model for Health™** is a nationally recognized, research-based comprehensive and sequential Pre-K through 12th grade education curriculum. It aims to give school-aged children and youth (ages 4-18) the knowledge and skills needed to practice and maintain healthy behaviors and lifestyles. It provides age-appropriate lessons addressing the most serious health challenges facing school children and youth, including:



Social and Emotional Health



Alcohol, Tobacco, and Other Drugs



Nutrition and Physical Activity



Personal Health and Wellness



Safety



HIV/AIDS & Other STIs

The following table outlines the differences and similarities between the digital and print curriculum features that are available for teachers.

Feature	Digital Curriculum	Print Curriculum
Format	HTML web-based lessons with linked PDF, Word and PowerPoint teacher resources Compatible with desktop, tablet and mobile phones and follows accessibility compliancy Search digital curriculum by key word and print lessons via a web browser	Three-ring binder and travel flash drive with PDF, Word and PowerPoint teacher resources
Addenda Updates	Two-year subscription includes immediate, on-demand online curriculum addenda updates for teachers	Annual or semi-annual print curriculum addenda updates provided at no cost in PDF format for teachers to print and add to their print manual binders
Pricing	Two-year license cost per digital teacher manual for Grades K to 12 Middle School digital curricula includes bundle pricing	Print cost per teacher manual for Grades K to 12 Early Education Pre-K sold separately as an activity kit
Support Materials (posters, bulletin board sets, game and activity card sets, pamphlets, models, etc.)	Support Materials sold separately as grade kits or individual products	Support Materials sold separately as grade kits or individual products
Teacher Resources (student worksheets, family resource sheets, assessments, etc.)	Digital teacher resources are linked directly from HTML lessons and available in PDF, Word and PowerPoint formats	Digital teacher resources are compiled via a travel flash drive and available in PDF, Word and PowerPoint formats
Video Access	Streaming videos are linked within the HTML lessons with video access information	Video links are referenced within the printed lessons

Contact your Regional School Health Coordinator <https://MiSHCA.org/who> to access the curriculum and training.